

Grief Support Resources

Below is a list of books, authors, organizations, and support groups you may find useful for yourself or others who are grieving. These have been suggested by grief and bereavement counselors, and some are my personal favorites.

Suggested Books for Children and Adults

The Goodbye Book, Todd Barr **<https://bit.ly/Goodbyebook>**

Jungle Journey, Michael O'Henderson **<https://amzn.to/3jXJ25c>**

The Invisible String, Joanne Lew Vriethoff
<https://bit.ly/Invisiblestring>

Dog Heaven, Cynthia Rylant **<https://bit.ly/DogHeavenBk>**

Cat Heaven, Cynthia Rylant **<https://bit.ly/CatHeavenBk>**

Beyond Absence: A Treasury of poems, quotations, and readings on death and remembrance, Edward Searl
<https://bit.ly/BeyondAbsence>

Ocho Loved Flowers, Anne Fontaine **<https://bit.ly/OchoLovedFI>**

When Someone Special Dies, Marge Heegaard
<https://bit.ly/Some1Special>

A Terrible Thing Happened, Margaret Holmes
<https://bit.ly/TerribleThing>

When Dinosaurs Dies, Laurie Krasny Brown **<https://bit.ly/Dinosdie>**

Not So Fast, by Kenneth J. Doka (article on hospicefoundation.org)

How to Help a Child Deal with Death, Nancy Boyd Webb

I Miss You, First Look at Death, Pat Thomas <https://bit.ly/AFIRSTLOOKATDEATH>

Tear Soup Recipes, Pat Schwiebert <https://bit.ly/TearSoupRecipes>

Something Very Sad Happened, (toddler) <https://bit.ly/SOMETHINGSAD>

The Colors of Grief, <https://bit.ly/COLORSGRIEF>

Anyone Old Enough to Love is Old Enough to Grieve, by Allen Wolfelt

Dr. Kenneth Doka, <http://drkendoka.com> (Prolific author on grief)

Grief Organizations—Children and Adults

National Alliance for Grieving Children <https://childrengrieve.org/>

National Hospice and Palliative Care Organization
<https://bit.ly/NHPCOGrief>

The Dougy Center <https://www.dougy.org/>

Children's Grief and Youth Network
<https://www.childrenandyouthgriefnetwork.com/>

Eluna-Camp Erin Network <https://bit.ly/CampErinNetwork>

Hospice Foundation Grief Resources <https://bit.ly/HospiceandGrief>

UVM Health Network Camp Knock-Knock
<https://www.uvmhomehealth.org/camp-knock-knock/>